preferaOB®

Prenatal/Postnatal Multivitamin/ Multimineral Tablets

Rx Only

DESCRIPTION: PreferaOB® is a prescription prenatal/postnatal multivitamin/multimineral nutritional supplement. PreferaOB® is a small, oval, film-coated, purple tablet with black core, debossed and bisected with "AP/84" on one side, and plain on the other.

Each PreferaOB® tablet contains:

VITAMINS

D_3 (as cholecalciferol)	400 IU
E (as *d*-alpha tocopheryl acid succinate)	10 IU
B_1 (as thiamine mononitrate)	1.5 mg
B_2 (as riboflavin)	1.6 mg
B_3 (niacin as niacinamide)	17 mg
B_6 (as pyridoxine HCl)	50 mg
Folic Acid	1 mg
B_{12} (as cyanocobalamin)	12 mcg
Biotin	30 mcg
B_5 (as d-calcium pantothenate)	10 mg

MINERALS

Iron	34 mg
(as PIC - polysaccharide iron complex)	
(as HIP - heme iron polypeptide as Proferrin®*)	
Iodine (as potassium iodide)	250 mcg
Zinc (as zinc oxide)	4.5 mg
Selenium (as sodium selenate)	65 mcg
Copper (as cupric sulfate)	0.8 mg

Other Ingredients:
Microcrystalline cellulose, croscarmellose sodium, crospovidone, silicon dioxide, magnesium stearate (vegetable source), modified food starch, dibasic calcium phosphate, resin, sucrose, ethylcellulose, sodium ascorbate, medium chain triglycerides, *dl*-alpha tocopherol, coating (polyvinyl alcohol, polyethylene glycol, talc, titanium dioxide, D&C red no. 30 aluminum lake, FD&C blue no. 2 aluminum lake).

INDICATIONS AND USAGE: PreferaOB® is a prescription multivitamin/multimineral nutritional supplement indicated for use in improving the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and non-lactating mothers. PreferaOB® is also beneficial in improving the nutritional status of women prior to conception.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

PRECAUTIONS: Folic acid when administered as a single agent in doses above 0.1mg daily may obscure pernicious anemia in that hematological remission can occur while neurological manifestations remain progressive. Pregnant women and nursing mothers should avoid supplemental doses of vitamin E higher than RDA amounts. While prescribing this nutritional supplement for pregnant women, nursing mothers, or for women prior to conception, their medical condition and other drugs, herbs, and/or supplements consumption should be considered.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

To report SUSPECTED ADVERSE REACTIONS, contact Meda Pharmaceuticals Inc. at 1-877-999-8408 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

DOSAGE AND ADMINISTRATION: One tablet daily with or without food, or as prescribed by a licensed health care provider with prescribing authority.

HOW SUPPLIED: PreferaOB® is supplied in a child-resistant bottle of 90 tablets (NDC 0037-0084-90).

KEEP OUT OF REACH OF CHILDREN.

STORAGE: Store at controlled room temperature 20°-25°C (68°-77°F). Excursions permitted to 15°-30°C (59°-86°F).

Dispense in a tight, light-resistant container to protect from light and moisture.

Distributed by:

MEDA

Meda Pharmaceuticals Inc.
Somerset, New Jersey 08873-4120

U.S. Patent Nos. 7,585,527 and 8,080,520

*Proferrin® is a registered trademark of Colorado BioLabs, Inc., Cozad, NE.

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