

Description:

Gesticare[®] DHA includes a light pink coated oblong-shaped tablet with “P-114” debossed on one side of the tablet and a natural DHA softgel capsule containing a pale orange oil.

Each tablet contains:

Vitamin B1 (Thiamin Mononitrate).....	3 mg
Vitamin B2 (Riboflavin).....	3 mg
Vitamin B6 (Pyridoxine HCl).....	50 mg
Vitamin B12 (Cyanocobalamin).....	8 µg
Vitamin C (Ascorbic acid).....	120 mg
Niacin (Niacinamide).....	20 mg
Folic acid.....	1 mg
Iron (Ferrous Fumarate).....	27 mg
Calcium (Calcium Carbonate).....	200 mg
Vitamin D3 (Cholecalciferol).....	410 IU
Vitamin E (DL-Alpha Tocopheryl Acetate).....	30 IU
Iodine (Potassium Iodide).....	150 µg
Zinc (Zinc Oxide).....	15 mg
Choline (Choline Bitartrate).....	55 mg

Inactive Ingredients:

Microcrystalline Cellulose, Maltodextrin, Croscarmellose Sodium, Starch, Citric Acid, Silicon Dioxide, Magnesium Stearate, Stearic Acid, Calcium Sulfate, Bovine Gelatin Hydrolyzed, Sucrose, Partially Hydrogenated Soybean Oil, Dicalcium Phosphate, Polyvinyl Alcohol, Titanium Dioxide, Polyethylene Glycol, Talc, FD&C Red #40/Allura Red AC Aluminum Lake, FD&C Yellow #6/Sunset Yellow FCF Aluminum Lake, FD&C Blue #1/Brilliant Blue FCF Aluminum Lake.

Each DHA gelatin capsule contains:

Docosahexaenoic Acid (DHA) from Algal Oil250 mg
 Eicosapentaenoic Acid (EPA).....Not more than 0.625 mg
 DHA is an **omega-3 fatty acid**. The DHA in Gesticare[®] DHA is derived from Algal Oil (C.cohnii). 625 mg of Algal Oil is equivalent to 250 mg of DHA.
 Other ingredients in the DHA gelatin capsule: High Oleic Sunflower Oil, Ascorbyl Palmitate, Tocopherols, Gelatin (Bovine), Glycerin, Polysorbate 80.

Indications and Usage:

Gesticare[®] DHA is indicated to provide vitamin/mineral and DHA omega-3 fatty acid supplement to women throughout pregnancy, during the postnatal period for both lactating and non-lactating mothers, and throughout the childbearing years. Gesticare[®] DHA may be beneficial in improving the nutritional status of women prior to conception.

Contraindications:

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6 years of age. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Warnings:

Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential antithrombotic effects, including increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anticoagulants and in those known to have an inherited or acquired bleeding diathesis.

Precautions:

Folic acid in doses above 0.1mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations remain progressive.

Adverse Reactions:

Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

Dosage and Administration:

One Gesticare[®] tablet and one DHA capsule daily or as directed by a physician.

How Supplied:

Gesticare[®] DHA 30 count is supplied as six child-resistant blister cards containing 5 Gesticare[®] tablets and 5 DHA capsules each (NDC 18860-253-30).

Store at controlled room temperature 20°-25°C (68°-77°F); excursions permitted to 15°-30°C (59°-86°F).

Do not use if blister seal is broken.

KEEP THIS AND ALL DRUGS OUT OF THE REACH OF CHILDREN.

Distributed by:

Azur Pharma, Inc.

1818 Market Street, Suite 2350

Philadelphia, PA 19103

To report a serious adverse event or obtain product information, contact (800) 890 3098.



Gesticare[®] is a registered trademark of Azur Pharma International II Limited.

life'sDHA[™] is a trademark of Martek Biosciences Corporation.

Rx only
GDHaw-11-01